

At S.E.E.K. Early Learning Center, we understand that parents are looking for a “home away from home” when selecting a child care center. Your baby’s first years are a critical time for development and growth. The S.E.E.K. Early Learning Center provides the safe and loving environment for them to begin that journey. We have developed the following tips and tricks for

- € Prior to your child’s first day spend some time with your baby in the infant room, this will help you and your child become familiar with our teachers, the environment, and other the other children enrolled
- € make sure your baby is able to drink from a bottle/able to be fed by someone other than parent(s)
- € we recommend that you play music or have noise on in the background while baby is sleeping since there will be times other babies are awake while your baby may be sleeping
- € try to sooth your child by singing, and talking to them first when they start to cry, giving them a few minutes to see if they are able to calm down on their own. This can be a tough one on parents just know your baby will always get lots of love, comfort, individual attention/care during the day but with a 1:5 ratio singing is a way that I often use to help calm a baby crying while I change or feed another baby. We do feel that responding to every cry is important to build trust in infants and ever cry is responded to by either verbally (talking/singing) or physically (holding/patting/rocking).

*may need to cut this one or reword it this is a tough one to tell parents I don't want parents to think we just let babies cry all the time

- € Its important to have good communication with the teacher

- € make sure that you write down the baby's schedule approximate feeding times/amount and napping time
- € Also write down or let the teacher know how your baby likes to be held, fed, how you put them to sleep, any special songs or likes and also things baby dislikes

- € If your baby is not going to be coming to school on a schedule day or is out sick please call or email and let the teacher know

- € Sleeping babies are put on back in crib with out the use of blankets until they are around 6-7 months old and they are able to roll over on their own/ babies can be swaddled (rewording needed maybe or cut out since I do have babies that sleep in swing or bouncer)

- € to help with transitions try to drop the baby off and pick up same time everyday