



Potty Training: Is My Child Ready?

Questions to Ask Yourself...

My child can follow simple directions when asked.

My child uses words or body language when he/she needs to go potty.

My child asks to use the toilet or potty chair.

My child shows increased interest in the bathroom.

My child stays dry for at least two hours.

Items You Will Need...

Clothing: Pants, socks, shoes and lots of underwear

Easy Clothing: Elastic waistbands are easier than snaps, belts and buttons

Rewards: Use items that they don't normally have access to but really enjoy